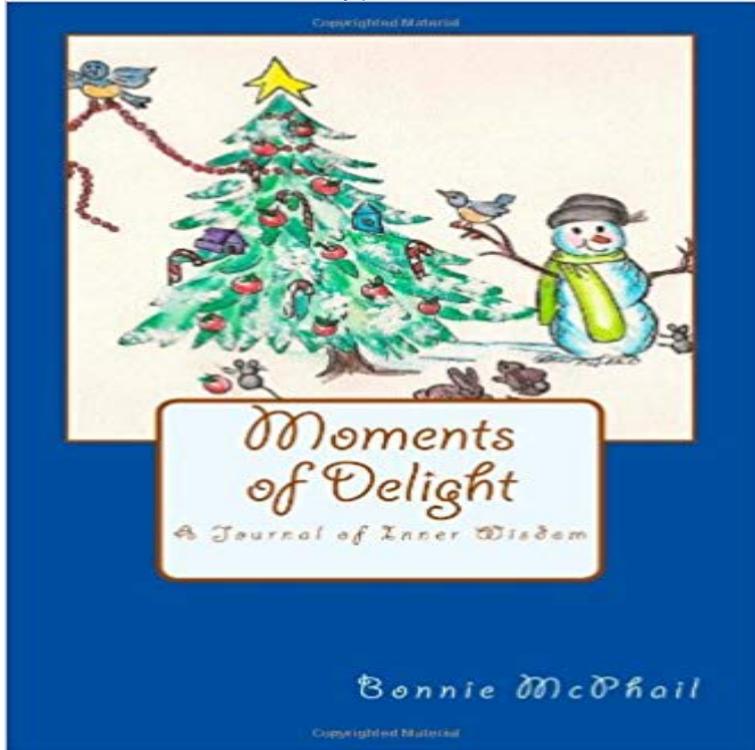


## Moments of Delight: A Journal of Inner Wisdom



Delight The sparkle of a new fallen snow, Shimmering like diamonds, Pure, Undeified, New. A blaze of orange at the end of the day; Tinged with pink against a clear blue sky. Amazing, Spectacular, Indescribable. The warmth of a baby, Wonder and awe. The miracle overwhelms me. The love of my husband, Deep, Secure, Complete. The ability to dream, Gaze, And explore new horizons. These are your gifts; I delight in them all. by Bonnie McPhail To all of you who will read this From my heart to yours; You are uniquely amazing, And the Lord is getting ready To do something spectacular for you! Dear Friends, Writing your dreams, hopes, prayers and aspirations can be a powerful tool in your life! This journal gives you the opportunity to do just that. It is designed to combine writing your own thoughts along with making lists and answer thought provoking questions that will enlighten, direct and provide insight. Journaling is a powerful tool and combined with writing your inner answers to the questions and lists you will find that God will show you clearly ways to achieve the deepest longings of your heart. Each page starts with a scripture and I promise you God will speak directly to you. He has a specific and wonderfully unique plan for your life. May he grant every hearts desire, bring you delight, and reveal amazing truths as you work through this journal! Blessings dear friends! Bonnie McPhail

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